

## **COASTAL PATHWAY**

### **SECTION IV: CELORIO - SAN ANTOLIN BEACH (8,000 METRES)**

The route between Celorio and the beach at San Antolín (Naves) begins on the beach at the I Monastery of San Salvador, from where you take a westerly direction, skirting the beach at Las Cámaras to link up with the beach at Palombina and then later to pick up the local road, LLN-9 which goes to Barro. Along this semi-urban stretch of the route, you can take time to admire the beautiful beaches of Borizu, La Tayada and Troenzo.

Once you are in Barro, the route continues to wander along the roadway and around the back of the beach of Sorraos. The turn off towards this beach serves as a reference point; after having walked about 150 metres from here you arrive at the crossroads of the village.

From here walk about 50 metres in a southerly direction on the road LLN-10 which goes to Balmori. At the bottom of the slope that you will find on your left, take the pathway which goes upwards. Next, the path crosses the road and takes a westerly direction once more in order to get to the limestone massif known as "La Llera". This outcrop of limestone stretches between the villages of Barro, Balmori, Quintana, Bricia and Niembro. In this great island of limestone there are a multitude of caves and caverns in the majority of which were written some of the very first pages of human history on the Cantabrian coast. There is an abundance of Holm Oaks here as well as many other trees.

From here the route makes its way over the beautiful high area of the Bay of Niembro and from there it comes down again to meet up with the LLN-11, a little before the Neo-Classical Church of Nuestra Señora de los Dolores (Our Lady of Sorrows) from the nineteenth century. The church, the cemetery and the cove of Barro and Niembro make a magnificent panorama and one well worth looking at through the lens of a camera!

Carrying on along the route, you cross the little bridge from where you can just see a mill in the background. A little further on you skirt the chapel of El Santín. Here the path crosses the road and heads towards the recreational area of Niembro. After going up quite an ascent between the houses of the village, you come to the road which leads to the beaches of Toranda and Torimbia. Here there is time to stop and enjoy the views "from the balcony" of the Cantabrian coast, they are some of the most impressive in all the borough of Llanes.

Once you have recharged your batteries with these beautiful views, you carry on upwards until you arrive at the flat part of Torimbia. The route meanders over the high part of this flat plane of Niembro and you continue in a westerly direction. After having walked some 1,000 metres you arrive at the beach of San Antolín, the largest area of sand in the borough. Before you go down, it is worth looking at the view, the river mouth of the river Bedón and the Romanesque Monastery of San Antolín de Bedón, which dates from the twelfth century. The total route is about 8,000 metres.